



You have our community's back—
and we've got yours.

LA County Wellbeing Line

Providing free support and mental health services for
frontline staff, first responders and County employees

Available 7 days/week 11am-7pm | 833-307-0509

Prefer to chat online with an emotional support professional?

Visit wellbeing4la.org/get-support (**AVAILABLE 2/1**)

Your wellbeing is our priority.



LOS ANGELES COUNTY
DEPARTMENT OF
MENTAL HEALTH
[hope. recovery. wellbeing.](https://wellbeing4la.org)