

WHEN TO REFER DURING COVID-19

In danger of harming self/others

Call 911 NOW

- Unable to care for self
- Severe emotional distress
- Confusion/Disorientation

**Refer to
DMH NOW**

- Friends/family express concern
- Extreme reactions to stress

**Refer to
DMH ASAP**

RISK FACTORS: Death/sickness of a loved one; loss of property; displacement; severe intoxication; withdrawal; loss of support from friends/family